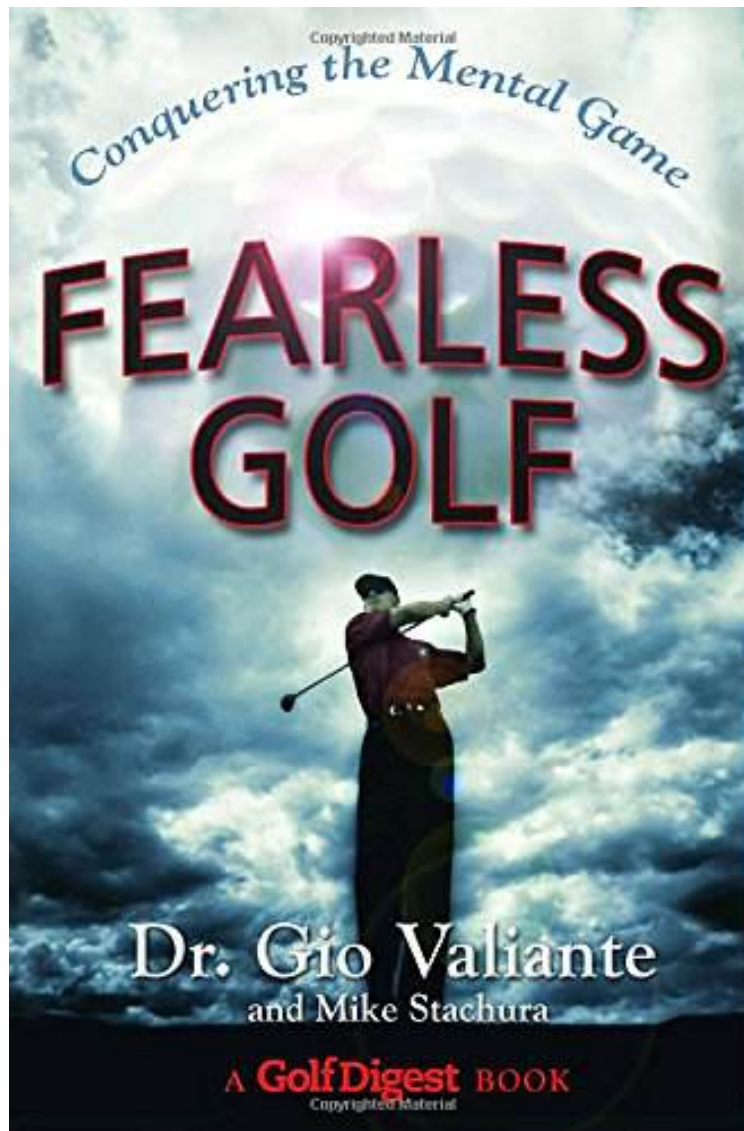


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By Dr. Gio Valiante

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life is too short Fearless Golf: Conquering the Mental Game:

1 of 1 review helpful Oh the repetition By Tom T I purchased the book hoping to improve my playing under pressure Dr Valiante begins with several very good arguments for the damage that fear or fearful thoughts can have on your ability to executed a golf shot He also points out that a golfer must play the course and not the other golfers around him This is all well explained and documented but then the repetiti A detailed plan for conquering the FEAR that sabotages swings and ruins psyches from the pioneering psychologist whose techniques have benefited Davis Love III Justin Leonard and numerous other world class golfers As Jack Nicklaus once observed fear is the golfer rsquo s greatest enemy inspiring Tiger Woods to refuse to give in to this debilitating emotion It can turn professionals into jelly and dominate the games of most amateurs It alters swing path I have had the privilege of getting to know Gio as a friend and a teacher on the PGA Tour He is the next superstar in sports psychology rdquo mdash Davis Love III eighteen time PGA Tour Champion ldquo After six months of playing below my expectations I

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