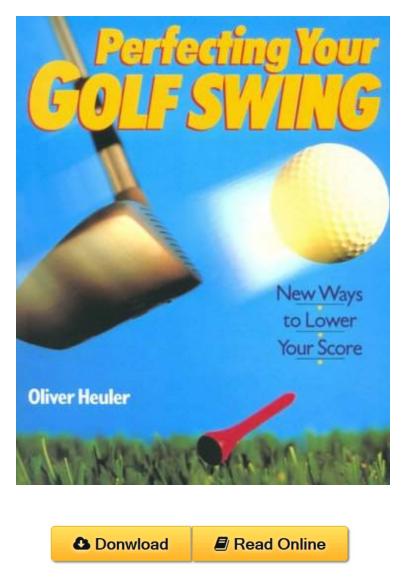
Perfecting Your Golf Swing: New Ways to Lower Your Score



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This all color guide presents a systematic approach to developing the perfect golf swing Examine all the aspects of preparing a shot and the basic body movements Work on backswing downswing and follow through each of which is broken down into its component parts Analyze the most common mistakes including hooking slicing insufficient distance and inconsistency Warm up exercises to help prevent injuries as well as increase mobility in the joints and improv Language Notes Text English translation Original Language German

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