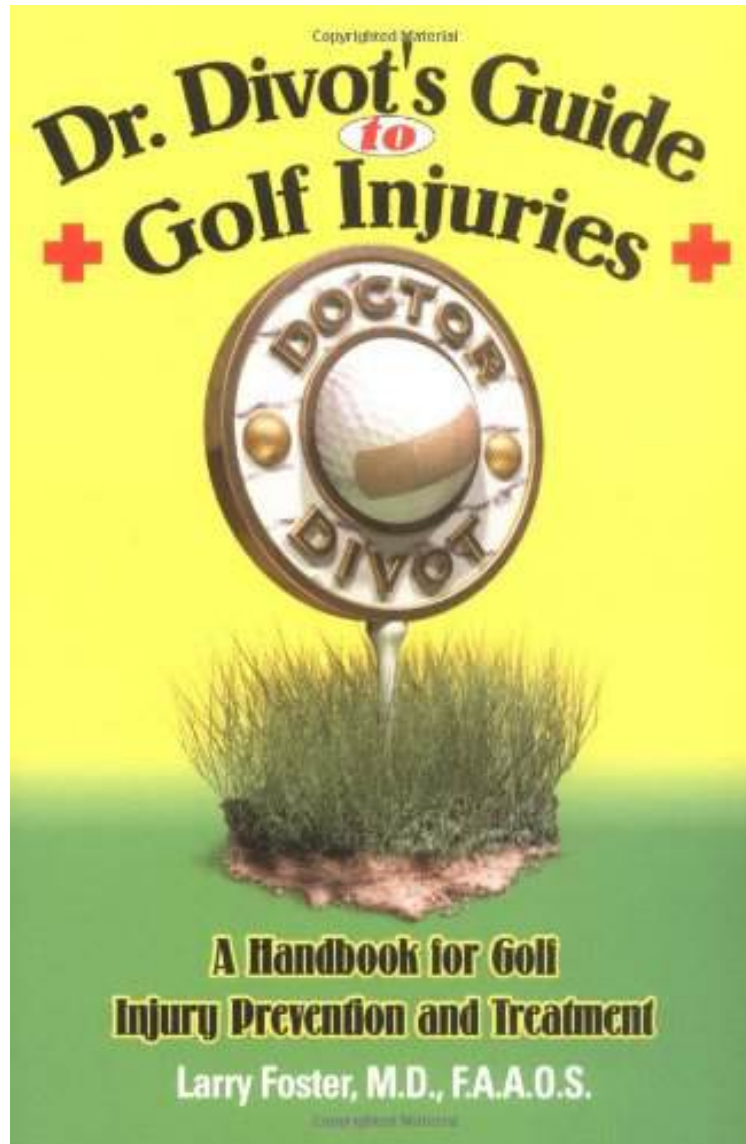


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Dr. Divot's Guide to Golf Injuries: A Handbook for Golf Injury Prevention and Treatment

By Larry Foster Md

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2 of 2 review helpful Disappointing By Paul L I m 46 and have my share of golf related pain and minor injuries I can say that this book has done nothing for me I ve had some minor lower back pain and the advise the book gave was rest and stretch more Good advise but I had already figured that out after googling lower back pain golf I have also had some minor persistent pain in my left thumb and hip I found not Written by a board certified orthopedic surgeon Dr Divot s Guide to Golf Injuries teaches the reader how to prevent and treat the most common golf injuries including injuries to the back wrist elbow shoulder and knee Doctor Divot writes in a humorous plain English style that all golfers will understand and enjoy About the Author Foster is a board certified orthopedic surgeon and self described golfing nut Trained at Columbia University and the Hospital for Joint Diseases in New York City Dr Foster has been in practice in New York for nearly a decade

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