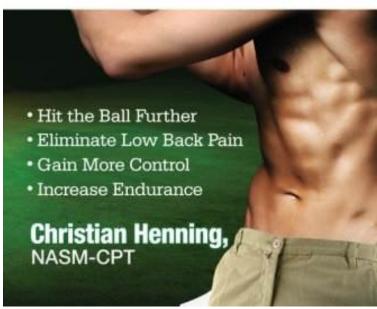
# **Golf Fitness Training: Core to Score**

By Christian Henning
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