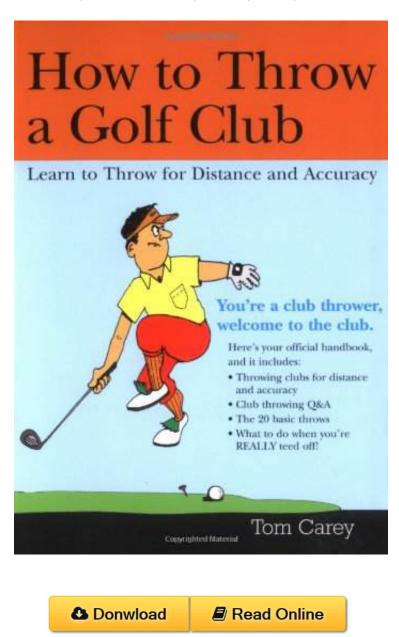
# How to Throw a Golf Club: Learn to Throw for Distance and Accuracy

By Tom Carey
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By Tom Carey: How to Throw a Golf Club: Learn to Throw for Distance and Accuracy correct grip pressure for more distance lets look at two major factors to getting maximum distance the most commonly the truth is the prosachieve outstanding results because they use fitness and nutrition programs designed specifically for the game of golf

How to Throw a Golf Club: Learn to Throw for Distance and Accuracy:

Club throwing is an art It relieves stress burns calories and it keeps the other players on the course on their toes So there s no need to lie no need to be embarrassed You re a club thrower welcome to the club Here s your official guide to the art of club throwing and it includes Throwing clubs for distance and accuracy Club throwing Q A The 20 basic throws What to do when you re REALLY teed off About the Author Tom Carey is the author of Teed Off The Modern Guide to Golf and The Marriage Dictionary The Unofficial True Meaning of I Do Sourcebooks Spring 05 He lives in Hudson Ohio

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