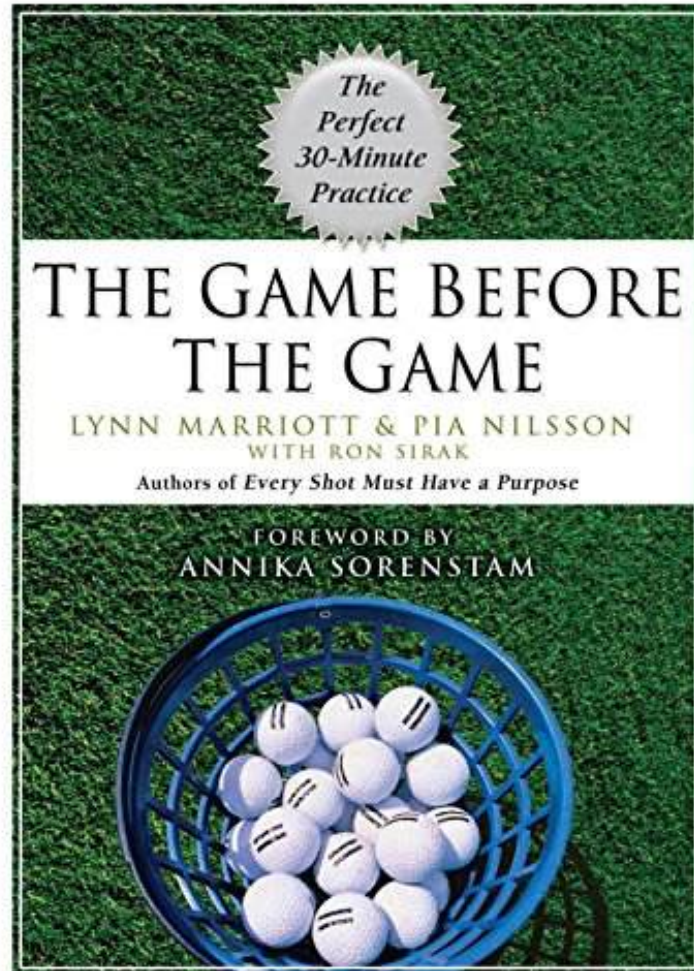



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## The Game Before the Game: The Perfect 30-Minute Practice

By Lynn Marriott, Pia Nilsson, Ron Sirak  
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determination for this book to have value If you are willing you will find a lot that is useful here Good golf involves a heightened mental state that increases focus and concentration It s easy for concentration to lapse especially on the practice range where shots can get thoughtless hurried and mechanical The authors of the smash hit Every Shot Must Have a Purpose put the golf back in golf practice with a revolutionary approach that replaces rote sessions with dynamic proven drills As coaches to golf s top players Lynn Marriott and Pia Nilsson have created brilliant new mind body strategies for every aspect of the game With The Game Before the Game they showcase their unique approach to practice with winning techniques that ensure those hour About the Author Pia Nilsson and Lynn Marriott cofounded VISION54 Coaching for the Future Inc Their golf school Golf54 in Phoenix AZ was recently named Golf magazine s 1 in the nation In addition to serving as Annika Sorenstam rsquo s coach and coa

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